



“DHA” 29TH NATIONAL MEN KARATE CHAMPIONSHIP

14 – 16 OCTOBER, 2022 LAHORE

Result

Below 50 Kg

Gold	Mansoor	Army
Silver	Noman Ahmed	WAPDA
Bronze	Ibrar Khan	KP
Bronze	Amanullah	Islamabad

Below 60 Kg

Gold	Hammayun	Army
Silver	Haroon Butt	HEC
Bronze	Ajab Khan	WAPDA
Bronze	Suleman Hameed	Islamabad

Below 75 Kg

Gold	Rehmat Ullah	Army
Silver	Abdul Azeem	Balochistan
Bronze	Hassan Khudah Bakhsh	Islamabad
Bronze	Muhammad Abdullah	HEC

Above 84 Kg

Gold	Farooq Khan	Sindh
Silver	Waleed Ahmed	WAPDA
Bronze	Abdul Jabbar	Army
Bronze	Muhammad Umar	KPK

Below 55 Kg

Gold	Asmatullah	WAPDA
Silver	Muhammad Haris	HEC
Bronze	Mustafeez Ur Rehman	Army
Bronze	Muhammad Murad	KPK

Below 67 Kg

Gold	Naseer Ahmed	WAPDA
Silver	Mubarak Ali	Army
Bronze	Farrukh Bashir	Balochistan
Bronze	Gulraiz Ahmed	Railways

Below 84 Kg

Gold	Muhammad Asim	Army
Silver	Taj Muhammad Rehan	Balochistan
Bronze	Abdul Nasir	KPK
Bronze	Adeel Afzal	Railways

Individual Kata

Gold	Saifullah	Army
Silver	Gul Zaman	WAPDA
Bronze	Shahram Ali	Balochistan
Bronze	Syed Kabeer Ali	Sindh

Team Kata

Gold	Waheed Ullah, Saif Ullah, Irshad Ali	Army
Silver	Gul Zaman, Noman, Abdul Aziz	WAPDA
Bronze	Wasi Haider, Kaif Khalid, Daniyal Hassan	Punjab
Bronze	Ashfaq Ahmed, Nazeer Ahmed, Mehmood Khan	Balochistan

Team Kumite

Gold	Naseer Ahamd, Asmatullah, Ajab Khan, Ain Ud Din, Abdul Aziz, Waheed Ahmad, Hidayatullah	WAPDA
Silver	Hamayun, Rehmat, Aurangzaib, Mubarak, Asim, Omeed, Musatfeez	Army
Bronze	Mehmood Khan, Taj Rehan, Hamza, Farookh, Abdul Azeem, Ashfaq, Naqeeb	Balochistan
Bronze	Ibrar, Murad, Ehtisham, Munib, Khyal, Haris Habib, Yahya	KPK

Team Position

S.N	UNIT	Gold	Silver	Bronze
1	Army	6	2	2
2	WAPDA	3	4	1
3	Sindh	1	0	1
4	Balochistan	0	2	4
5	HEC	0	2	1
6	KPK	0	0	5
7	Railways	0	0	2
8	Islamabad	0	0	3
9	Punjab	0	0	1
10	Police	0	0	0

